

**Park in either G or F parking lot at the corner of Elm and Edna. Handicap parking spaces are located in the G parking lot. To get to Cardiac Rehab, please enter the hospital at the Elm Street Entrance (south side of the hospital and east of the ER). We are in the hospital and not the Medical Arts Bldg. In the right corner of the lobby, there is a hallway that leads directly down to Cardiac Rehab.**

**Please bring:**

**a list of your medications**

**your insurance card(s)**

**your driver's license**

**If you don't have a driver's license, please bring your photo identification card.**

**You can wear something comfortable for exercise and a good walking shoe. We keep the temperature at 68 degrees. Each session lasts about an hour but your initial session usually lasts a little longer.**

**Your appointment is: \_\_\_\_\_ @ \_\_\_\_\_**

**We will call you if there is a problem getting approval from your insurance company and need to reschedule your appointment time.**

**Thank you,**

**Cardiac Rehab Staff**

**972-420-1526**

**Medical Center of Lewisville**

**500 W. Main**

**Lewisville, TX 75057**

### **Coming Southbound on I-35E**

**Exit 452 (FM 1171, Main Street)**

**Turn left at the end of the exit ramp and cross over I-35**

**Go down a couple of blocks to EDNA**

**Turn right on EDNA**

**Go 1 block (Parking Lot F is on the NE corner of EDNA & ELM)**

**Walk across the street to get to the Elm Street Entrance of the hospital**

**Handicap parking is in Lot G on the NW corner of EDNA & ELM**

### **Coming Northbound on I-35E**

**Exit 452 (FM 1171, Main Street) and get in the far right lane**

**From the service road turn right on ELM street**

**(Elm St. is one block before the stoplight at Main Street)**

**Go down a couple of blocks to EDNA**

**Turn left on EDNA (Parking Lot F is on the right at NE corner of EDNA & ELM)**

**Handicap parking is in Lot G on the NW corner of EDNA & ELM**